Risk & Operational Assessment Activities / SUP

Next Review: Dec 2025

Assessed By:			ASSESSED	ASSESSED			
Nicola Whiting (C	Nicola Whiting (Chief instructor)			Sept 2021	Dec 2025		
Chris Browning (S	Chris Browning (Senior instructor)			Sept 2022			
Robin Jones (Sen	ior Instructor)		Nov 2020	March 2023			
Luke Austin (seni	Luke Austin (senior instructor)			Dec 2023			
Alex Jones (Senior Instructor)							
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	•	•					
				nstructor with S	SUP DSM or E	BSUPA level 1)	
special circumstances) or 2:16 (under exceptional circumstances v	with consent fro	om the client)				
		сте					
				Identify any	Identify any benefits that may result from		
who are at risk from	risks:			-	exposure to the perceived and residual risk for		
the hazards you have		-			•		
identified:							
Instructors		Mistakes can	still be made,			,	
Guests		human nature. so adapt depending on circu					
Instructors Instructors made aware through session The unpredictable nat		table nature of	Builds a respect for wildlife and an		ife and an		
Guests		animals		interest in t	heir habitat.		
		Misuse of equipment by		Having the lake open creates a natural			
		outside partie	es/ trespassers.			om which	
public	paddles to be left by the lake.			groups ben	efit.		
	Hand sanitiser/showing facilities.	Small amount	in water	Encourages	proper hygie	ene practices	
Guests							
Instructors	Centre is within 200m of the north shore	Weather-win	d and/or	Exposure to	cold/heat ar	nd inclement	
			•				
			69		• •		
	Nicola Whiting (C Chris Browning (S Robin Jones (Sen Luke Austin (seni Alex Jones (Senic addle boarding (Mega imum of BC Paddle ex e sports instructor or special circumstances) STEP TWO List groups of people who are at risk from the hazards you have identified: Instructors Guests Instructors	Nicola Whiting (Chief instructor) Chris Browning (Senior instructor) Robin Jones (Senior Instructor) Luke Austin (senior instructor) Alex Jones (Senior Instructor)addle boarding (Mega or single) is offered as a 90-minute taster s imum of BC Paddle explore, SUP DSM and PSRC award or BSUPA e sports instructor or BSUPA Level 1. (Freelance staff will have a n special circumstances) or 2:16 (under exceptional circumstances or STEP TWOSTEP TWOSTEP THREE List groups of people who are at risk from the hazards you have identified:List the Control Measures for the identified risks:InstructorsManual handling training GuestsManual handling briefing on sessions.InstructorsInstructors guests, group's stay, Area left tidy after use, no paddles to be left by the lake.InstructorsHand sanitiser/showing facilities.InstructorsHand sanitiser/showing facilities.	Nicola Whiting (Chief instructor) Chris Browning (Senior instructor) Robin Jones (Senior Instructor) Luke Austin (senior instructor) Alex Jones (Senior Instructor)addle boarding (Mega or single) is offered as a 90-minute taster session on our 4 imum of BC Paddle explore, SUP DSM and PSRC award or BSUPA level 1, plus in- e sports instructor or BSUPA Level 1. 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Head Injury From falling off and hitting the ground or rock, falling off the SUP including Mega SUP in close proximity of others. Paddles been waved around	Instructors Guests	Helmets to be wore by all participants. When close to the bank or pontoon participants will be asked to kneel and a signal will be given i.e. whistle blasts to make them aware.	The helmet will still have exposed areas of the head that would be left open for potential injury.	The perceived risk is reduced, and it is not as bad as they first thought.
Entrapment	Instructors Guests	Buoyancy aids Group leader responsibilities Safe working practice FSRT Award First aid trained staff Rescue assessments Suitable rescue equipment Equipment safety checks Safety Rules Knifes and whistles are carried by instructors.	Instructors may panic and forget what they have been trained	
Leashes- everyone on single SUP and Instructor on MEGA SUP	Instructors Guests	Buoyancy aids Group leader responsibilities Safe working practice FSRT Award First aid trained staff Rescue assessments Suitable rescue equipment Equipment safety checks Safety Rules Knifes and whistles are carried by instructors.	Leash not attached properly and the wind taking the board(s) from the group.	
Capsizing	Instructors Guests	Buoyancy aids Group leader responsibilities Safe working practice FSRT Award First aid trained staff Rescue assessments	Boards both solo and mega may land on a body part and cause injury	Instructors are there to help them back onto their board. Feeling of safety.

Drowning	Instructors Guests	Suitable rescue equipment Equipment safety checks Safety Rules Helmets to be worn Buoyancy aids Group leader responsibilities Safe working practice	Instructors may panic and forget what they have been trained	
		FSRT Award First aid trained staff Rescue assessments Suitable rescue equipment Equipment safety checks Safety Rules		
Weight Limits	Instructors Guests	Larger sized guests are to use the higher capacity boards	Guests swap boards without permission or may land on a small capacity board if their balance is lost.	There are no benefits to exposure