

# Risk & Operational Assessment Activities / **Kayaking**

Next Review: Dec 2025

Centre: Whitemoor Lakes	Assessed By: Nicola Whiting (Chief instructor) Robin Jones (Senior Instructor) Chris Browning (senior instructor) Luke Austin (senior instructor) Alex Jones (Senior Instructor)	ASSESSED	ASSESSED	ASSESSED			
		Nov 2013	Nov 2017	April 2022			
		Nov 2014	Nov 2018	March 2023			
		Nov 2015	Nov 2019	Dec 2023			
		Nov 2016	April 2021	Dec 2024			

**Overview:** Kayaking is offered as a 1.5 hour session and may also be offered as part of a BC or other award/course. All staff hold a minimum of BC paddle explore and PSRC award, leaders hold BC Paddle sports instructor and in-house assessment. Ratio is 2:12+1 (exceptional circumstances 3:24) or 2:16 (under exceptional circumstances) with consent from the group leader

STEP ONE	STEP TWO	STEP THREE	STEP FOUR	STEP FIVE
List significant hazards here:	List groups of people who are at risk from the hazards you have identified:	List the Control Measures for the identified risks:	Identify any residual risk remaining after the control measures have been put in place:	Identify any benefits that may result from exposure to the perceived and residual risk for participants:
<b>Drowning</b>	Instructors Guests Public	Buoyancy aids Coach responsibilities Safe working practice PSRC Award First aid trained staff	Instructors may panic and forget what they have been trained	The perceived risk is reduced, and it is not as bad as they first thought.
<b>Capsizing</b>	Instructors Guests	Teaching of capsize drill. Spray decks only worn when appropriate.	Weather elements or unstable rocking of the canoe by paddlers.	Instructors are there to help them back onto their boat. Feeling of safety.
<b>Entrapment</b>	Instructors Guests	Equipment safety checks Safety Rules Boats fitted correctly. Knives and whistles are carried by instructors.	Instructors may panic and forget what they have been trained	
<b>Head Injury</b>	Instructors Guests	Helmets Safety Rules	Injury to area not protected by helmet.	Encourages awareness of potential hazards and risk

<b>Water Quality (Weil's /algae)</b>	Instructors Guests	Hand sanitiser/showing facilities.	Small amount in water	Encourages proper hygiene practices
<b>Adverse weather</b>	Instructors Guests	Centre is within 200m of the north shore Adequate clothing for the environment, survival shelters available if needed. First aid and near miss forms. Maybe cancelled due to lightening or high winds	Weather-wind and/or rain/Sun/lightning	Exposure to cold/heat and inclement weather has proven positive developmental effects and teaches people about their limitations. Having the lake open creates a natural outdoor environment from which groups benefit.
<b>Unauthorized access</b>	Instructors, guests, member of the public	Signage, safety talk at beginning of group's stay, Area left tidy after use, no paddles to be left by the lake.	Misuse of equipment by outside parties/ trespassers.	Having the lake open creates a natural outdoor environment from which groups benefit.
<b>Injury from poor technique.</b>	Guests	Qualified Instructors running sessions	Risk of participants injuring themselves through poor technique remains.	Guests are given the opportunity to learn and practice kayaking skills.