

Risk & Operational Assessment Activities / Dinghy Sailing

Next Review: Dec 2025

Centre: Whitemoor Lakes	Assessed By: Nicola Whiting (Chief instructor & Principal) Alexander Jones (ACUK Senior Instructor & RYA Chief Dinghy Instructor) Chris Browning (senior instructor) Luke Austin (senior instructor)	ASSESSED	ASSESSED			
		Nov 2016	May 2018	March 2023		
		May 2017	Nov 2019	Dec 2023		
		April 2021	April 2022	Dec 2024		

Overview: Sailing will be offered as an introductory session, or as an RYA approved courses on our 42-acre lake. The session will be staffed by WML approved staff at least one of whom will hold RYA dinghy instructor, second instructor will hold and in-house RYA assistant instructor award. There will also be an onsite RYA senior instructor over seeing all RYA activities. Ratio is 2:12+1 teacher

STEP ONE	STEP TWO	STEP THREE	STEP FOUR	STEP FIVE
List significant hazards here:	List groups of people who are at risk from the hazards you have identified:	List the Control Measures for the identified risks:	Identify any residual risk remaining after the control measures have been put in place:	Identify any benefits that may result from exposure to the perceived and residual risk for participants:
Drowning	<ul style="list-style-type: none"> ▪ Instructors ▪ Guests ▪ General public 	<ul style="list-style-type: none"> ▪ Buoyancy aids ▪ Group leader responsibilities ▪ See (unauthorized access) 	<ul style="list-style-type: none"> ▪ Trespassers 	
Capsizing Or Inversion	<ul style="list-style-type: none"> ▪ Instructors ▪ Guests 	<ul style="list-style-type: none"> ▪ Safe working practice ▪ Mast head floatation ▪ Reefing / furling of sails 	<ul style="list-style-type: none"> ▪ Weather elements ▪ lack of understanding 	The perceived risk is reduced, and it is not as bad as they first thought.
Entrapment	<ul style="list-style-type: none"> ▪ Instructors ▪ Guests 	<ul style="list-style-type: none"> ▪ Induction rescue assessments for Instructors ▪ All Instructors will carry knives ▪ Equipment safety checks ▪ Safety Rules ▪ S.O.P.'s or E.O.P.'s ▪ Mast head floatation 		
Head Injury	<ul style="list-style-type: none"> ▪ Instructors ▪ Guests 	<ul style="list-style-type: none"> ▪ Emergency Procedures ▪ Helmets ▪ Safety Rules 	<ul style="list-style-type: none"> ▪ Injury to body not protected by helmet. ▪ Adults/ level 2+ not wearing helmets will be more exposed to injury. 	
Adverse weather	<ul style="list-style-type: none"> ▪ Instructors ▪ Guests 	<ul style="list-style-type: none"> ▪ Centre is within 200m of the north shore ▪ Adequate clothing for the environment 	<ul style="list-style-type: none"> ▪ Weather-Wind and/or Rain/Sun/lightning 	Exposure to cold and inclement weather has proven positive developmental effects and teaches people about their limitations.

Risk & Operational Assessment Activities / Dinghy Sailing

Next Review: Dec 2025

STEP ONE	STEP TWO	STEP THREE	STEP FOUR	STEP FIVE
List significant hazards here:	List groups of people who are at risk from the hazards you have identified:	List the Control Measures for the identified risks:	Identify any residual risk remaining after the control measures have been put in place:	Identify any benefits that may result from exposure to the perceived and residual risk for participants:
		<ul style="list-style-type: none"> ▪ Instructors watching for the signs/ onset ▪ Safety Rules ▪ Weather forecast ▪ First aid and near miss forms 		
High Winds	<ul style="list-style-type: none"> ▪ Instructors ▪ Guests 	<ul style="list-style-type: none"> ▪ Monitor wind strength ▪ Weather forecast ▪ Reefing the sail's ▪ Flagging or bear poling ▪ Max wind strength gusting (F6) 	<ul style="list-style-type: none"> ▪ Random Gusts ▪ Kit failure 	New experience for some
Water Quality (Weil's disease / Blue Green Algae)	<ul style="list-style-type: none"> ▪ Instructors ▪ guests 	<ul style="list-style-type: none"> ▪ Good hygiene (hand sanitiser/ showering facilities) ▪ Keep lake edge and boat storage area's clean/ tidy ▪ Water quality tests 	<ul style="list-style-type: none"> ▪ Small amount in water/ if high levels found suitable measures to be taken 	Having the lake open creates a natural outdoor environment from which groups benefit.
Unauthorized access	<ul style="list-style-type: none"> ▪ Instructors ▪ Guests ▪ General public 	<ul style="list-style-type: none"> ▪ Signage ▪ Safety talk given at beginning of groups stay ▪ Challenge any unknown visitor ▪ CCTV in operation 24/7 	<ul style="list-style-type: none"> ▪ Misuse of equipment by outside parties/ trespassers. ▪ Theft of equipment 	
Powerboat Injuries	<ul style="list-style-type: none"> ▪ Instructors ▪ Guests ▪ Other lake users 	<ul style="list-style-type: none"> ▪ Qualified staff only to operate the powerboat ▪ kill cords always worn 	<ul style="list-style-type: none"> ▪ Stray boats, equipment from raft build and swimmers due to excess winds. 	The powerboat is necessary for the safety of all participants.